

Beth Troutman is the lead host of the popular nationally syndicated show, [RightThisMinute](#). Her extraordinary ability to ad-lib and her girl-next-door personality took the unscripted show from 40 TV markets in 2011 to [more than 160 markets](#) by 2013. In 2014, *RTM* was also added to the prime-time lineup on [HLN](#).

Beth's path to an on-camera career makes her one of the most unique voices on TV. She earned bachelor's degrees in Political Science and Women's Studies from UNC and then packed her bags and headed West. After cold-faxing her resume to the offices of the *Emmy*-winning series *The West Wing*, she spent the next four years working with the show's Executive Producer and Director, Alex Graves.

At age 27, Beth was asked to be the first woman to run for the U.S. House of Representatives in North Carolina's 8th District. She received tremendous support from her co-workers at *The West Wing*. Martin Sheen even joined her on the campaign trail. Although she did not win the close race, Beth's performance during a televised debate landed her a job as the host of the morning show *FOX News Rising*. She covered everything from politics to pop culture and was the Red Carpet correspondent for *American Idol* during three of its most popular seasons.

In 2009, Beth became the host of the national morning show *The Balancing Act* on *Lifetime* Television. In addition to her in-studio work, she was the host, writer, and producer of the show's successful travel segments in New York, Los Angeles, Chicago, Boston, Miami, Las Vegas, Nashville, Memphis, New Orleans, Savannah, and Richmond.

Beth is also a voiceover artist, a motivational speaker and media consultant. [Contact Beth](#).